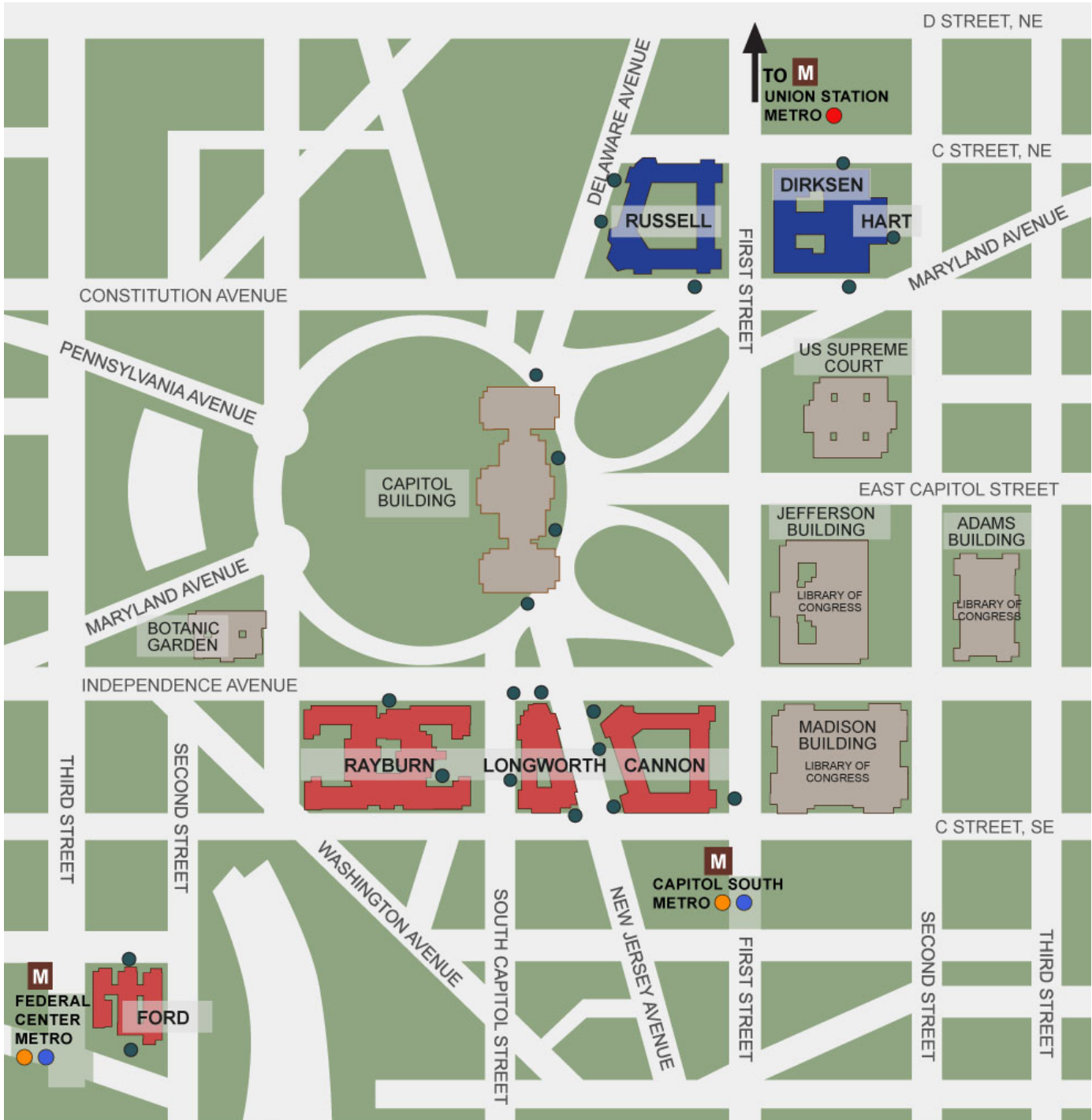


MAP OF CAPITOL HILL



■ **House office building** (Rayburn, Longworth, Cannon, Ford)

■ **Senate office building** (Russell, Dirksen, Hart)

● **Building entrances**

M **Metro station**

● Red line ● Blue line ● Orange line

Getting Around the House Office Buildings

Cannon House Office Building

A three-digit number identifies rooms. The first digit indicates the floor level, and a “B” followed by two digits indicates a basement level. A special elevator, located separately from the main elevators, is necessary to travel to the fifth floor.

241	Cannon, second floor
136	Cannon, first floor
B-37	Cannon, basement level

Longworth House Office Building

Rooms are identified by four-digit room numbers beginning with “1”; the second digit indicates the floor level. “0” is used to designate the ground level and a “B” followed by 3 digits identified rooms on the basement level.

1236	Longworth, second floor
1126	Longworth, first floor
1026	Longworth ground level
B-217	Longworth basement

Rayburn House Office Building

Rooms are identified four-digit room numbers beginning with “2”; the second digit indicates the floor level. Room numbers on the basement and sub-basement levels begin with “B” or “SB”, followed by three numbers.

2255	Rayburn, second floor
2182	Rayburn, first floor
B-310	Rayburn, basement level
SB-342	Rayburn, sub-basement level

Getting from House Building to Building

There is a connecting tunnel on the basement level connecting the Cannon and Longworth buildings. There is also a tunnel on the sub-basement level connecting the Rayburn and Longworth buildings with a transition escalator between the sub-basement and basement level, which will allow you to transition between the three buildings.

VISITING CAPITOL HILL: HOW TO DO IT



GETTING TO CAPITOL HILL

By Taxi:

Taxis are a fast and inexpensive way to get to Capitol Hill. Most taxi drivers know where the congressional office buildings are. Just tell the driver which building you want to visit.

By Metro:

Capitol Hill can also be reached by subway. To go to the Senate side, take the Red Line to the Union Station stop and exit on the Massachusetts Ave. side. Walk out the front of Union Station, around the fountain, through the park to the Senate office buildings.

To get to the House side, take the Blue or Orange Line. Exit at Capitol South. The three House office buildings will be across the street, directly in front of you.

If you have questions, station attendants at each entrance can assist you. You will need a fare-card to enter and exit the system. To save time, buy one farecard for the round trip.

For all Capitol Hill offices, you will have to pass through security. Don't carry any items (even a pocket knife) that may be suspect.

CONDUCTING THE VISIT

If you don't know the office number of your Senator or Representative, look for an elevator. Usually there is a listing of House or Senate offices posted nearby. Many have directional maps with room numbers.

Once you have located the congressional office you want to visit, tell the person at the front desk where you are from and who you want to visit. If the member is not available, ask for the staff person who handles issues you are there to discuss.

Your meeting should be short – 10 to 15 minutes – so plan what you will say ahead of time. Ask for his/her business card and offer yours as well.

If the person you need to see is unavailable, leave your business card and any other materials you want them to see with the receptionist at the front desk.

If you've successfully met with a member or staff, send a follow up thank you letter and Cc ACT HQ.

Dining Locations

House Side

- Cannon Café: Cannon B-114
- The Creamery: Longworth B-224A
- Goodies Shoppe: Longworth B-224B
- Longworth Café: Longworth B-223
- Rayburn Café: Rayburn B-357
- Rayburn Deli: Rayburn B-326

Senate Side

- Russell Senate Office Building
 - Cups & Co. – basement level, just inside the northwest entrance at Delaware Avenue and C Street NE
- Dirksen Senate Office Building
 - Cafeteria – basement level
- Hart Senate Office Building
 - Smaller café – ground floor

**The cafeterias located in Dirksen, Rayburn, and Longworth are open to the public from 8am-11:45am and 1:15pm-2:30pm. They are closed to the public between 11:45am and 1:15pm and serve Hill staff only. If you want to eat at this time, the Library of Congress Madison Building Cafeteria or the Capitol Visitor Center Restaurant are good alternatives.

Library of Congress – Madison Building (directly east of the Cannon House Office Building)

- Madison Café (LM 625) – 6th floor
Breakfast, 8:30-10:30am
Lunch, 11am-2pm
Limited Service, 10:30-11:00am & 2-3:30pm. Limited service is hot and cold beverages, made to order grill items and cold grab and go items
- Madison Snack Bar (LM G47)
8:30am-4:00pm